

Summer Camps

GYMNASTICS DANCE AQUATICS DAY CAMPS

NINJA
PRESCHOOL BASKETBALL SAQ KARATE



ABK & COURT HOUSE SUMMER CAMPS ARE THE GO-TO SPOT FOR YOUR KIDDOS TO KEEP ACTIVE, ENGAGED & SOCIAL WHILE THEY'RE OUT OF SCHOOL! BETWEEN OUR PRESCHOOL CAMPS, RECREATIONAL DAY CAMPS, & NUMEROUS SPORT CAMP OPTIONS- WE HAVE SOMETHING FOR EVERYBODY!



MIX & MATCH!

ENROLL YOUR CHILD IN 3 OR MORE SPORTS CAMPS TO GET \$10 OFF THE 3RD CAMP & ON!

***DISCOUNT DOES NOT APPLY TO PRESCHOOL OR REC DAY CAMP**

REMINDERS:

- **CAMPS ARE NON-REFUNDABLE**
- **PACK A SNACK & WATER DAILY**
- **REC DAY CAMPS: PACK LUNCH, TOWEL & SWIMSUIT DAILY**
- **THEMES SUBJECT TO CHANGE**

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RECREATIONAL DAY CAMPS

**MONDAY-FRIDAY
JUNE 9-AUGUST 22**

CLOSED JULY 4TH

ABK RECREATIONAL DAY CAMPS ARE A GREAT WAY TO KEEP YOUR CHILDREN ENGAGED & ACTIVE THROUGH THEIR SUMMER BREAK! WITH A MIX OF ACTIVITIES, INCLUDING, OPEN GYM & SWIM, ARTS & CRAFTS, GROUP GAMES & OUTDOOR WATER PLAY- THEY'RE BOUND TO MAKE FRIENDS & MEMORIES EACH DAY AT CAMP! BRING A TOWEL, SWIMSUIT & LUNCH DAILY! SWIM DAYS WILL BE HELD ON WEDNESDAYS & FRIDAYS!

5-12 YEARS OLD



**FOR MORE INFORMATION
& TO REGISTER, SCAN THE
QR CODE BELOW OR VISIT:**

**ABKFUN.COM
/CAMPS**



PRICING & HOURS

CAMP: 8:00AM - 2:30PM

\$45.50/DAY FOR 1-11 TOTAL DAYS

\$42.25/DAY FOR 12+ TOTAL DAYS

***CAMP DROP-IN FEE: \$50**

EXT. CARE: 2:30 - 5:30PM

\$21.00/DAY FOR 1-11 TOTAL DAYS

\$19.50/DAY FOR 12+ TOTAL DAYS

***EXT. CARE DROP-IN FEE: \$25**

ANNUAL FEE REQUIRED: \$30/STUDENT

**ENROLL IN ONE WEEK OF REC CAMP &
RECEIVE 10% OFF OF A SPORTS CAMP
HELD DURING THE SAME WEEK!**

2025 Rec Day Camp Registration Form Ages 5-12 years

Parent Portion:

Child's Name: _____

Parent Name: _____

Parent Email: _____

Parent Phone # _____

Choose Your Days:

Mark **C** for your desired Camp days, 8:00am-2:30pm
 Mark **E** for your desired Extended Care days, 2:30pm-5:30pm
 Mark **CE** for both Camp and Ext. Care days, 8:00am-5:30pm

Rates: C: 1-11 days = \$45.50/day, 12+ days = \$42.25/day
 E: 1-11 days = \$21.00/day, 12+ days = \$19.50/day

June 2025

MON	TUE	WED	THU	FRI
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27

July 2025

MON	TUE	WED	THU	FRI
June 30	1	2	3	ABK CLOSED
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25

August 2025

MON	TUE	WED	THU	FRI
July 28	29	30	31	1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22

Office Use Only:

Rec Camp (8:00am-2:30pm):

Qty _____ x Rate \$ _____ = \$ _____

Extended Care (2:30pm-5:30pm):

Qty _____ x Rate \$ _____ = \$ _____

Total Camp + Ext Care \$ _____

PIF Discount 10% (ends 5/31/25) \$ _____

Subtotal \$ _____

**Annual Membership Fee
(Added to the deposit if applicable) \$** _____

Grand Total: \$ _____

Payments Options:

Summer Camp will have two payment options. Please select your preferred option below:

Pay In Full: 1 payment (10% off if paid by 5/31/25)
 Due at the time of sign up \$ _____

Monthly Payments (starting in June):
 First Payment = 25% Deposit: \$ _____ + Member Fee \$30
 And monthly installments \$ _____ each

To register, turn in at the front desk or send form to:

customerservice@abkfun.com

For camp questions:

Mr. Jordan: jspark@abkfun.com

- or -

Ms. Rhiannon: rnelsen@abkfun.com

***Annual registration fee due at the time of registration:
 \$30 Individual/\$60 Family Registration Fee
 Monthly installments start in June. Balances under \$200
 must be paid in full.**

PRESCHOOL CAMP

OFFERED AT ABK & COURT HOUSE

3-5 YEARS OLD

OUR PRESCHOOL CAMPS ARE A GREAT INTRODUCTION TO PRESCHOOL! YOUR CHILDREN WILL SPEND THEIR TIME PLAYING GAMES, ENJOYING OUTDOOR ACTIVITIES, DOING ARTS & CRAFTS & MORE! A GREAT WAY TO LEARN NEW SKILLS, MEET NEW FRIENDS & HAVE FUN ALL IN A SAFE ENVIRONMENT!

DON'T FORGET TO PACK LUNCH DAILY!

DAILY SCHEDULE

9:00 DROP OFF	11:00 CURRICULUM
9:15 GROSS MOTOR	11:40 STORY TIME
10:00 TRANSITION	11:50 TRANSITION
10:15 CARPET TIME	11:55 LUNCH
10:30 SNACK	12:30 GOODBYES
10:40 FREE PLAY	*MAY DIFFER DAY TO DAY

9:00AM - 12:30PM
\$120 PER CAMP WEEK
ANNUAL FEE REQUIRED: \$30/STUDENT

JUNE 16 - 19
JUNE 23 - 26
JULY 7 - 10
JULY 14 - 17
JULY 28 - 31
AUGUST 4 - 7
AUGUST 11 - 14



FOR MORE INFORMATION & TO REGISTER, SCAN THE QR CODE BELOW OR VISIT:

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/CAMPS



2025 Preschool Day Camp Registration Form Ages 3-5 yrs

Parent Portion:

Child Name _____

Parent Name _____

Parent Email _____

Parent Phone # _____

Choose Your Days:

4 days per week: Monday-Thursday

Mark C for your desired camp days 9:00am-12:30am

Rates: Camp = \$120/week

Choose Your Desired Facility:

America's Best Kids @ 1914 Sky Park Drive

Court House Fitness @ 709 N Phoenix Road

Office Use Only:

Preschool Camp

Qty _____ weeks @ \$120/week = \$ _____

Total Camp \$ _____

PIF Discount 10% (ends 5/31/25) \$ _____

Subtotal \$ _____

**Annual Membership Fee
(Added to the deposit if applicable) \$** _____

Grand Total: \$ _____

June 2025

MON	TUE	WED	THU	FRI
X	X	X	X	X
16	17	18	19	X
23	24	25	26	X

July 2025

MON	TUE	WED	THU	FRI
7	8	9	10	X
14	15	16	17	X
X	X	X	X	X
28	29	30	31	X

August 2025

MON	TUE	WED	THU	FRI
4	5	6	7	X
11	12	13	14	X

Payments Options:

Summer Camp will have two payment options.
Please select your preferred option below:

Pay In Full: 1 payment (10% off if paid by 5/31/2025)

Due at the time of sign up \$ _____

Monthly Payments (Starting in June):

First Payment = 25% Deposit: \$ _____ + Member Fee \$30

And monthly installments \$ _____ each

To register, turn in at the front desk or send form to:

customerservice@abkfun.com

For camp questions:

ABK: Ms. Rhiannon: rnelsen@abkfun.com

Court House: Miss. Shasta: ssummers@abkfun.com

***Annual registration fee due at the time of registration:
\$30 Individual/\$60 Family Registration Fee
Monthly installments start in June.
Balances under \$200 must be paid in full.**

GYMNASTICS CAMP



JUNE 16 - 19
JULY 14 - 17
AUG 11 - 14
12PM - 3PM



\$195 PER WEEK

ANNUAL FEE REQUIRED: \$30/STUDENT

**OUR GYMNASTICS CAMPS ARE
PACKED FULL OF FLIPPING,
JUMPING & LOTS OF FUN!
WHETHER YOUR KIDDO IS
TRYING IT FOR THE FIRST TIME
OR ALREADY IN A CLASS, OUR
COACHES ARE BOUND TO TEACH
THEM SOME NEW SKILLS &
LEAVE THEM WANTING MORE!**

6-12 YEARS OLD

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/CAMPS**



NINJA CAMP

JUNE 16 - 19

JULY 14 - 17

AUG 11 - 14

12PM - 3PM

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**ABKFUN.COM
/CAMPS**



\$195 PER WEEK

ANNUAL FEE REQUIRED: \$30/STUDENT

NINJA CAMPS ARE DESIGNED
TO IMPROVE OVERALL
ATHLETICISM, STRENGTH,
BALANCE, & FLEXIBILITY FOR
ALL KIDDOS. OUR CAMPS
PROVIDE A FUN & EXCITING
LEARNING EXPERIENCE,
COMBINING THE ART OF
GYMNASTICS WITH THE
AGILITY & STEALTH OF A NINJA.

6-12 YEARS OLD



KARATE CAMP



6-12 YEARS OLD

DESIGNED FOR BOTH THE CURRENT KARATE STUDENT OR THOSE ASPIRING! OUR KARATE CAMPS TRAIN TECHNIQUE & CURRICULUM WHILE ALSO ADDING IN WEAPONS, SPARRING, BOARD BREAKING & GAMES!

ONE KARATE CAMP GIVES 12-15 KARATE CLASS CREDITS TOWARD BELT TESTING!



**\$165 PER WEEK
FOR BLACK BELT CLUB**

**\$195 PER WEEK
FOR ALL OTHER STUDENTS**

JUNE 23-26

JULY 21-24

AUGUST 18-21

12:00PM-3:00PM

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AQUATICS CAMP

\$110 PER WEEK

ANNUAL FEE REQUIRED: \$30/STUDENT

OUR AQUATICS CAMP IS A GREAT WAY TO INTRODUCE YOUR CHILD TO THE WATER OR BUILD ON THEIR CURRENT SKILLS!

AQUATICS CAMPS ARE SEPARATED BASED ON SKILL LEVEL TO ENSURE YOUR LITTLE SWIMMER IS GETTING THE DIRECTION THAT THEY NEED!

JUNE 16-19

BEG @ 12-12:45PM / INTER @ 12:45-1:30PM

JULY 21-24

BEG @ 12-12:45PM / ADV @ 12:45-1:30PM

AUGUST 4-7

BEG @ 12-12:45PM / INTER @ 12:45-1:30PM

BEGINNER

DOLPHIN 1 & SHARK 1 LEVEL

- 3-12 YEARS OLD
- LITTLE/NO SWIM EXPERIENCE
- CANNOT SWIM INDEPENDENTLY

INTERMEDIATE

DOLPHIN 2 & SHARK 2 LEVEL

- 3-12 YEARS OLD
- HAVE SWIM EXPERIENCE
- CAN SWIM INDEPENDENTLY

ADVANCED

SHARK 3 & HIGHER LEVEL

- 5-12 YEARS OLD
- HAVE SWIM EXPERIENCE
- CAN SWIM INDEPENDENTLY



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/CAMPS**



PRESCHOOL DANCE CAMP

\$105 PER WEEK

ANNUAL FEE REQUIRED: \$30/STUDENT

12:00PM - 1:00PM

JUNE 23-26
FAIRYTALE

JULY 7-10
ANIMAL KINGDOM

AUGUST 4-7
CANDYLAND

***THEMES SUBJECT TO CHANGE**

3-5 YEARS OLD

WE INVITE YOU TO JOIN US AT DANCE CAMP AS WE TRAVEL THROUGH FAIRYTALE STORIES, ADVENTURES IN THE GRAND ANIMAL KINGDOM, AND FIND SWEET SURPRISES IN CANDYLAND THROUGH DANCE, GAMES, AND SO MUCH MORE! WE ARE EXCITED TO HAVE SOME SUMMER FUN WITH YOUR CHILDREN AGES 3-5 YEARS OLD! CAN'T WAIT TO SEE YOU THERE!



FOR MORE INFORMATION
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QR CODE BELOW OR VISIT:

ABKFUN.COM
/CAMPS



RECREATIONAL DANCE CAMP

6-12 YEARS OLD

WHAT TIME IS IT? SUMMERTIME! WE INVITE ALL KIDS AGES 6 AND UP TO JOIN US FOR AN INCREDIBLE TIME AT DANCE CAMP! WE WILL BE HAVING ELECTRIFYING FUN WITH DISNEY AND MARVEL WEEK, DANCING OUR WAY THROUGH LOST IN THE TROPICS WEEK, AND HAVING A GROOVY TIME IN THROWBACK WEEK! CAN'T WAIT TO SEE YOU THERE!



**FOR MORE INFORMATION
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/CAMPS**



\$140 PER WEEK

ANNUAL FEE REQUIRED: \$30/STUDENT

1:00PM - 3:00PM

JUNE 23-26

DIS-KIDS

JULY 7-10

LOST IN THE TROPICS

AUGUST 4-7

THROWBACK TUNES

***THEMES SUBJECT TO CHANGE**

BASKETBALL CAMP



JUNE 23 - 26
JULY 14 - 17
AUG 4 - 7
9AM - 12PM



\$190 PER WEEK

**OUR BASKETBALL CAMP IS
ALL ABOUT SKILL & FUN!
WITH A FOCUS ON BALL
HANDLING, CONTROL,
REACTION TIME, BALANCE,
COORDINATION &
SCRIMMAGES, OUR GOAL IS
TO CREATE CONFIDENT &
CONTROLLED PLAYERS!**

6-14 YEARS OLD

**FOR MORE INFORMATION
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QR CODE BELOW OR VISIT:**

**CHFIT.COM
/CAMPS**



SPEED, AGILITY, QUICKNESS

S.A.Q. CAMP

JUNE 16 - 19

JULY 21 - 24

AUG 11 - 14

12PM - 3PM



FOR MORE INFORMATION
& TO REGISTER, SCAN THE
QR CODE BELOW OR VISIT:

CHFTT.COM
/CAMPS



\$190 PER WEEK

S.A.Q. IS A HIGH-ENERGY
CAMP FOCUSED ON
ASSISTING ATHLETES WITH
FOOTWORK, EXPLOSIVENESS
& TECHNIQUE. WITH
VERTICAL, CORE & HURDLE
TRAINING, YOUR ATHLETE
WILL HAVE A LEG UP ON THE
FALL COMPETITION!

6-14 YEARS OLD





AMERICA'S BEST KIDS

**1914 SKY PARK DRIVE
MEDFORD, OR 97504
ABKFUN.COM/CAMPS
CUSTOMERSERVICE@ABKFUN.COM**

COURT HOUSE FITNESS

**709 N PHOENIX ROAD
MEDFORD, OR 97504
CHFIT.COM/CAMPS
COURTHOUSE@ABKFUN.COM**

